

Preven

Imported Home Remedies & Medicines and Lead Poisoning

People use home remedies and medicines to try to help someone feel better. Many of the **IMPORTED** brands have lead in them and can make people very sick and cause lead poisoning.

These IMPORTED home remedies are known to have lead in them.

They are very dangerous!

Asafoetida:	Spice is used as a digestive aid, in food as a condiment, and in pickles. It typically works as a flavor enhancer and, used along with turmeric, is a standard component of Indian recipes.
Azarcon:	A bright orange powder. It is also called Rueda, Coral, Maria Luisa, Alarcon, and Liga. It is used for an upset stomach or indigestion ("empacho"). It has almost 100% lead.
Albayalde:	A white powder. It is used for an upset stomach or indigestion ("empacho"). It may have up to 37% lead.
Greta:	A yellow powder. It is used for an upset stomach or indigestion ("empacho"). It has almost 100% lead.
Pay~loo~ah:	A red powder. It is used for rashes or fever.
Ghasard:	A brown powder. It is used to aid digestion.
Bala Goli:	A round, flat, black bean that is dissolved in "gripe water." It is used to treat stomach aches.
Kandu:	A red powder. It is used to treat stomach aches.
Kohl, Kajal Alkohl, Surma:	A black powder. It is used as an eye make-up. It is also put on skin infections and on the umbilical stump of newborn

Any amount of these IMPORTED home remedies is poisonous to children and adults.

How do I know if the imported home remedy I have has lead in it?

- It is difficult to tell if it has lead in it.
- A product may contain high levels of lead even if lead is not listed as an ingredient on the label.
- The only way to know is to test.
- If your child is lead poisoned provide the home remedy to the local health department for testing.

What should I do if I or my child has taken an imported home remedy that might have lead in it?

- Stop using the remedy. Keep it away from children.
- Contact your doctor or clinic immediately to get their advice.
- Think about getting you and your child tested for lead poisoning.
 - **Please note:** It's the law that all children be tested for lead at 1 year and at 2 years of age, even if they have not taken one of the home remedies that may contain lead.
- Many children can get free medical care. Contact the HUSKY program at 1-877-CTHUSKY (1-877-284-8759) for more information.

What remedies or medicines should I use instead?

• Use U.S. made remedies and medicines.

Connecticut Lead and Healthy Homes Program (860) 509-7299



www.ct.gov/dph/lead

www.ct.gov/dph/healthyhomes

If you require aid/accommodation to fully and fairly benefit from the contents of this document, please contact 860-509-7293

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