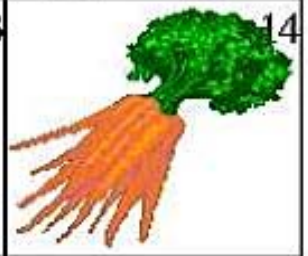
GMS/GHS Lunch Menu August / September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Lunch cost $3.00 Reduced $0.40 Adult meals $4.00	2 Labor Day No School	3 Chicken Patty Lettuce and Tomato Potato Tots Mixed Fruit	4 Cheese Lasagna Green Beans Dinner Roll Pears	5 Mozzarella Sticks w/ tomato sauce Bread Stick Roast Corn, Peaches	6 French Bread Pizza, Side Salad Fresh Apple	7
8 Bread offerings are whole grain. Milk offerings are 1% white or fat free flavored Milk is offered with all meals	9 Chicken Nuggets Mashed Potato Corn Pears	10 Chicken Taco Boat Black Beans, cheese, Lettuce, tomato Brown Rice, Orange	11 Grilled Cheese Tomato Soup Mixed Fruit	12 French Toast Sticks Sausage Patty Homefries Blueberries	13 Pizza Choice Green Beans Applesauce Cup	14 
15 Additional choices available daily.	16 Chicken Patty Lettuce and Tomato Potato Tots Mixed Fruit	17 Chicken Nachos Black Beans, Cheese, Lettuce, Tomato Brown Rice, Pears	18 Pasta w/ Meat Sauce Green Beans Dinner Roll Watermelon	19 Mozzarella Sticks w/ tomato sauce Bread Stick Roast Corn, Peaches	20 French Bread Pizza, Side Salad Fresh Apple	21
22	23 Chicken Nuggets Mashed Potato Corn Pears	24 Beef Nachos Black Beans, Cheese, Lettuce, Tomato Brown Rice, Pears	25 Pasta w/ Meat Sauce Green Beans Dinner Roll Pears	26 French Toast Sticks Sausage Patty Homefries Blueberries	27 Pizza Choice Green Beans Applesauce Cup	28
29 **The USDA is an equal opportunity provider and employer 2019**	30 Popcorn Chicken Sweet Potato Fries Mixed Fruit		**Aug 28th.** Chicken Nuggets Mashed Potato Corn Pears	**Aug 29th.** Mozzarella Sticks w/ tomato sauce Bread Stick Roast Corn, Peaches		**Aug 30th** Pizza Choice Side Salad Fresh Apple